



# KARATE NOVA SCOTIA

## NCCP Report April 2016

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### NCCP- General

The National Coaching Certification Program (NCCP) is a coach training and certification program for all coaches in more than 60 sports. The NCCP has moved towards a competency-based approach where coaches are:

- trained in NCCP outcomes relevant to the participants that they are coaching;
- evaluated by demonstrating coaching outcomes to a specified standard.

To learn more about the NCCP, visit the Coaching Association of Canada web site at <http://www.coach.ca>.

### NCCP- Karate Canada (KC)

Karate Canada has defined pathways as well as participant and coach development models in order to clarify how one goes about becoming a certified coach, and to demonstrate the overall vision of the federation for its coaches and participants in the years to come. For more information, go to the Karate Canada website at <http://www.karatecanada.org/en/coaches.html>.

Karate Canada offers certification and evaluation in three streams: Instructor- Beginner, Competition-Introduction, and Competition-Development.

Coaches in the Instruction stream normally have sport-specific skills and training whether coaching at the beginning or advanced skill level. Dojo coaches will benefit from the Instruction stream.

A coach in the Competition stream normally is a coach who has previous coaching experience or is a former athlete. They tend to work with athletes over the long term to improve performance. Competition coaches will often be involved in coaching at tournament.

Provincial coaches will be involved in the Competition- Development stream. Currently KC has a 5-year plan to have all Head Provincial coaches, CompDev certified by 2018. Further, the aim is to have at least one male and one female coach from each province CompDev certified by 2018 and at least 75% of all other provincial coaches Comp Intro

trained by 2016.

For the past few years, Karate Canada has put on CompDev courses at the Summit and at Nationals. This year KC offered the karate specific module, “Analyse Technical and Tactical Performance” at Nationals. Greg Da Ros, provincial coach, attended the course.

## NCCP- Karate Nova Scotia

Karate Nova Scotia has two trained Learning Facilitators/ Evaluators who are able to facilitate the Instructor-Beginner and Competition-Intro courses: Gary Walsh and Karen Armour. Gary Walsh at Nationals 2016 also became a Master Learning Facilitator with the National Coaching Certification Program and this brings his Evaluator level up to Certified.

Karate Nova Scotia put on two NCCP courses in 2013. On September 7, 2013, an Instructor Beginner course was held and on November 9, 2013 a Competition-Introduction course was held.

KNS is planning on putting on these NCCP courses again. Plans are in the works to put on the **Instructor-Beginner course** on the weekend of **May 28, 2016** and the **Competition-Intro** course on **September 24, 2016** (provided there is enough interest.) We would require a minimum of 5 people to participate in order to put on the course. If you are interested in attending the NCCP course please contact Karen Armour at [karen.armour@ns.sympatico.ca](mailto:karen.armour@ns.sympatico.ca).

In some provinces now, a Coach sitting in the chair at a tournament must have NCCP training. As an Association we will soon be deciding whether we wish to follow this trend.

Gary Walsh, President of KNS, is only a Director with Karate Canada and his main portfolio is NCCP.