

# FRIENDSHIP KATA TOURNAMENT

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Very recently one of our good friends and fellow Karate-ka has been diagnosed with cancer. Victor Swinimer has been a member of Team Nova Scotia and is currently a National level referee who has been representing Nova Scotia at Regional and National Championships for many years. Victor has been a pillar of the martial arts community in Bridgewater and the South Shore area for over 35 years. His friends and colleagues will be hosting a benefit to provide support and encouragement as he prepares for the fight of his life.

On **Saturday, September 6**, there will be a clinic and friendship Kata tournament at **St Joseph's Parish hall on Queen Street (top floor) in Bridgewater**. All proceeds will go to Victor who is self-employed and has been unable to work for the past several months.

## The Schedule will be as follows:

**10-11:30 AM - Kata clinic and training - Uechi, Shito, Chito and Wado styles**

**11:30 – 12 PM - Demonstrations by Instructors and Senior students**

**12-1:00 PM - Lunch break, Bridgewater dojo will be operating the canteen**

**12:30 – 1:00 PM - Registration/draws for competition**

**1:00-5:00 PM - Friendship Kata Competition**

**5:00-7:00 PM - Silent Auction, (Items will on display in a designated area throughout day)**

The cost will be \$25/Person.

We would like to invite you and your students to come out and train with us for the day and enjoy the friendly competition.

Regards,  
David Griffin  
Chief Referee  
Karate Nova Scotia

