



9th **Commonwealth**
KARATE
Championships 2018



29 November 2018 - 02 December 2018
OLIVE CONVENTION CENTRE ICE ARENA

"ON THE SHORES OF THE INDIAN OCEAN"



Proudly Presented by
KARATE SOUTH AFRICA

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MESSAGE FROM THE WKF PRESIDENT



WORLD KARATE FEDERATION

Member of:

Global Association of International Sport Federations (GAISF)
International World Games Association (IWGA)

Greetings to all our WKF family members of the Commonwealth Karate Federation (CKF).

I am delighted to hear the exciting news that the ninth edition of the Commonwealth Karate Federation Championships is being hosted by our very vibrant affiliate Karate South Africa (KSA) in the beautiful Indian ocean-port city of Durban, in the Continent of Africa.

Given the recent history of Karate South Africa and its bold fight against all odds to protect the WKF brand in the country, allow me to state that I remain extremely confident that the promoters of the event and the Local Organising Committee will do their utmost to deliver a world-class event. The ideal conditions for athletes to give their best in this memorable event will surely be guaranteed, as the Karate Federation of South Africa headed by its dynamic President Sonny Pillay will commit, as they have done over the past years, to continue taking our sport in the region to new levels.

It's my fervent wish that Karate, now an Olympic sport, becomes an integral part of the renowned Commonwealth Games. Therefore, it is my sincere hope that the success of the forthcoming 2018 Commonwealth Championships in Durban will certainly enhance the chances of this accomplishment being achieved sooner than later.

As the President of the WKF, may I extend my best wishes to the CKF President Michael Kassis, the CKF Executive Committee, and the hosts Karate South Africa for an exciting event that will add value to the WKF's aspirations of further strengthening our position all over the world.



Antonio Espinós
WKF President



MESSAGE FROM THE CKF PRESIDENT

Dear Members of the Commonwealth Karate Family,

On behalf of the CKF Executive Committee I wish to welcome you to the 9th Commonwealth Karate Championships hosted by Karate South Africa. These Championships are the showcase of our sport within the Commonwealth and we are again all looking forward to another successful competition here in Durban.

I would like to take this opportunity to thank Karate South Africa as our hosts this year. I'm sure anybody who has ever been involved in preparing, organising and then actually running a karate event knows exactly how much work goes into making it a success - and from the work I have already seen I have no doubt this event will be a great success on every level. It is important to recognise and acknowledge the National Federations participating in the 2018 Commonwealth Karate Championships. Again, the success of the CKF is due to your support. I personally thank you for your on-going contribution to karate in the Commonwealth. An event such as this can only take place with an enormous amount of work, most of which is quietly achieved behind the scenes, and I express my appreciation to all those who have contributed in one way or another. I wish to especially acknowledge all the volunteers who work tirelessly for the benefit of karate across the Commonwealth. The success of any event is largely dependent on the skill, dedication and integrity of the referees and officials. Once again, I acknowledge the leadership of our Referees' Commission. Our referees and officials have repeatedly demonstrated a genuine commitment to the highest levels of ethics and sportsmanship and the CKF is a much better organisation because they have all chosen this honourable path.

I offer my congratulations to the coaches who have painstakingly guided their athletes to their current levels. I give you my best wishes for the success at this event and thank you for your invaluable contributions. Also, I wish great success to all competitors. I hope you achieve your goals and I personally congratulate for what you have achieved thus far in representing your country.

I am extremely proud to confirm Karate's inclusion into the Tokyo 2020 Olympic program. Finally, our athletes have a pathway to compete at the Tokyo 2020 Olympic Games. I take this opportunity to thank all those who have worked tirelessly over the years to advocate for this historic decision. Furthermore, I can assure you all that the CKF Executive will continue to lobby for the inclusion of karate into the Commonwealth Games. The CKF EC hopes that in addition to the challenge of competition, you will find some time to explore the great city of Durban and its surrounding area, and that you will have an enjoyable experience in South Africa. In closing, I welcome you all - whether you are here as competitor, coach, referee, official or spectator - let us all engage and enjoy the benefits of competitive karate as well as the spirit of good sportsmanship and fair play.

Yours in Karate-Do,

Mr Michael Kassis
President - Commonwealth Karate Federation



MESSAGE FROM THE KSA PRESIDENT

Firstly allow me to express my heartfelt thanks to the CKF hierarchy led by the Honourable President Michael Kassis for giving "Africa a chance" especially the rainbow nation South Africa (land of the birth of perhaps the greatest political icon Dr Nelson Mandela) to host the prestigious Commonwealth Karate Federation Championships 2018 (29 November - 02 December 2018).

Durban is honoured to host the Commonwealth Karate Federation Championships 2018 and I assure the Commonwealth Karate fraternity, we are second to none as a sports, arts and cultural destination. Moreover our city given its excellent all year round weather conditions are an appropriate venue for these international events.

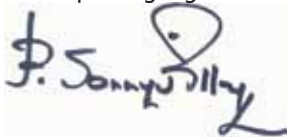
In addition being one of the most beautiful provinces of our country, visitors are encouraged to prolong their stay and enjoy the sights and sounds of the Kingdom of the Zulu. As a matter of interest the host province KwaZulu-Natal boasts some of the finest safari parks in Africa with the possibility of sighting the "big five" viz the rhino, elephant, cheetah, lion and hippo all within 2-3 hours' drive from the Durban city centre.

May I also unreservedly state I have every confidence that the KZN province, given our excellent infrastructure, is ready to host this huge event. I urge the Commonwealth Karate fraternity to take serious cognisance of the fact that South Africa has in the past successfully hosted rugby, cricket , karate, transplant games, swimming and of course, in the words of Sepp Blatter, "the best Fifa World Cup Soccer ever" (2010). It is my fervent wish that this event with your support will stimulate nation building and be the catalyst to "shape the youth" of today who are our leaders of tomorrow.

As president of KSA, I look forward to the CKF family from around the globe gathering here in the southernmost tip of the world the paradise Indian Ocean port of Durban to enjoy a true African experience.

I promise to deliver with the KSA and the guidance of SASCOC our governing body (custodians of sport in South Africa) a world class event that will make our government and CKF as a whole extremely proud. With the support of KSA EXCO.

Best sporting regards



Mr Sonny Pillay
President - Karate South Africa (KSA)
Vice President – Commonwealth Karate Federation
Member World Technical Commission WKF



TOURNAMENT DETAILS

COMPETITION RULES

- The New WKF rules will be applied in the championships.
- Only WKF approved protective guards will be allowed in the competition.
- The WKF Anti-doping rules will be complied strictly during the championship.
- Maximum of 4 entries per Individual Categories per country.
- Maximum of 2 teams in the Unison Kata (Team) per country.
- Commonwealth Cup unlimited entries

CKF CHAMPIONSHIP

UNISON KATA

Male Team Kata (7/13)
Female Team Kata (7/13)
Cadet Male Team Kata (14/17)
Cadet Female Team Kata (14/17)
Senior Male Team Kata (18+)
Senior Female Team Kata (18+)

INDIVIDUAL KATA

Cadet Male Kata
Cadet Female Kata
Junior Male Kata
Junior Female Kata
U21 Male Kata
U21 Female Kata
Senior Male Kata
Senior Female Kata

INDIVIDUAL KUMITE

Cadet Male Kumite (14/15) -52kg
Cadet Male Kumite (14/15) -57kg
Cadet Male Kumite (14/15) -63kg
Cadet Male Kumite (14/15) -70kg
Cadet Male Kumite (14/15) +70kg
Cadet Female Kumite (14/15) -47kg
Cadet Female Kumite (14/15) -54kg
Cadet Female Kumite (14/15) +54kg
Junior Male Kumite (16/17) -55kg
Junior Male Kumite (16/17) -61kg
Junior Male Kumite (16/17) -68kg
Junior Male Kumite (16/17) -76kg
Junior Male Kumite (16/17) +76kg
Junior Female Kumite (16/17) -48kg
Junior Female Kumite (16/17) -53kg
Junior Female Kumite (16/17) -59kg
Junior Female Kumite (16/17) +59kg

U21 Male Kumite (18/19/20) -60kg
U21 Male Kumite (18/19/20) -67kg
U21 Male Kumite (18/19/20) -75kg
U21 Male Kumite(18/19/20) -84kg
U21 Male Kumite(18/19/20) +84kg
U21 Female Kumite (18/19/20) -50kg
U21 Female Kumite (18/19/20) -55kg
U21 Female Kumite (18/19/20)-61kg
U21 Female Kumite (18/19/20)-68kg
U21 Female Kumite (18/19/20)+68kg

Senior Male Kumite (18+) -60kg
Senior Male Kumite (18+) -67kg
Senior Male Kumite (18+) -75kg
Senior Male Kumite (18+) -84kg
Senior Male Kumite (18+) +84kg
Senior Female Kumite (18+) -50kg
Senior Female Kumite (18+) -55kg
Senior Female Kumite (18+) -61kg
Senior Female Kumite (18+) -68kg
Senior Female Kumite (18+) +68kg

COMMONWEALTH CUP

Male children Kata (10/11)
Male children Kata (12/13)
Female children Kata (10/11)
Female children Kata (12/13)

Male children Kumite (10/11) -30kg
Male children Kumite (10/11) -35kg
Male children Kumite (10/11) -40kg
Male children Kumite (10/11) -45kg
Male children Kumite (10/11) +45kg

Female children Kumite (10/11) -30kg
Female children Kumite (10/11) -35kg
Female children Kumite (10/11) -40kg
Female children Kumite (10/11) -45kg
Female children Kumite (10/11) +45kg
Male children Kumite (12/13) -40kg
Male children Kumite (12/13) -45kg
Male children Kumite (12/13) -50kg
Male children Kumite (12/13) -55kg
Male children Kumite (12/13) +55kg
Female children Kumite (12/13) -42kg
Female children Kumite (12/13) -47kg
Female children Kumite (12/13)+47kg

Veterans/ Masters

36-44 years Kata & Kumite open category
+ 45 years & above Kata & Kumite open category



SCHEDULE

DATE	TIME	DETAILS
27-Nov-18		Arrival of delegate's, Officials and Athletes
28-Nov-18	09h00 till late	Registration and Weigh-in at the Tournament Venue
	14h00	Referees seminar and coaches briefing until 5pm at the Tournament venue
	18h00	Welcome Reception for ALL CKF /KSA EXECO MEMBERS Referees +3 delegates per country
29-Nov-18	09h00	Commonwealth cup Children Veterans and Masters
30-Nov-18	09h00	CKF Championships day 1 all Kata + Cadet Kumite
1-Dec-18	09h00	CKF Championships day 2 Junior U-21 and Senior Kumite
2-Dec-18	09h00	CKF Championships day 2 all Finals



TERMS OF RESPONSIBILITY

COMMONWEALTH KARATE CHAMPIONSHIPS 2018

Please fill out this form and send it back to Karate South Africa
E-mail: president@karate-sa.org

I, _____ the undersigned, as the Chief of Delegation of our National Federation, duly enrolled to participate in the Commonwealth Karate Championships 2018, which will be held in Durban ,South Africa from 29 November-02 December 2018, with full knowledge of the Statutes, the Rules and the Norms of the CKF, pledge myself to faithfully accomplish the regulations of this before mentioned entity, and I take any and all administrative, civil and criminal responsibilities of whatever happens to our athletes, coaches and other members of our delegation participating in this championship, before, during and after the competition, such as physical injuries, personal expenses, or monetary debts and casual material damages to the hotels, the venue, means of transportation, departure on time, etc.

Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championships, CKF and Karate South Africa, its directors, as well as any person, company, or entity related to the event (sponsors, public and private entities).

I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our delegation (as considered necessary) for the sport activities and publications of karate, related to the event, without any monetary compensation.

Date:

Sign:

Name of the National Federation	
Surname, First Name	
Passport No. & Expiry Date	
Credit Card Details & Expiry Date	
Position in the Federation	
Address	
Tel	
Fax	
E-mail	



GENERAL CKF PAYMENTS

Payments

ENTRY FEES:

AUD: AUSTRALIAN AUD \$80 PER PLAYER PER EVENT

All entries must be paid in by 15th September 2018

NOTE: age will be calculated as on 30th November 2018

BANKING DETAILS:

All tournament entry fees to be deposited directly into Serendipity Travel account.

See below for banking details:

ACCOUNT NAME	: Serendipity Tours
BANK	: Nedbank – Smith Street (Durban)
BRANCH CODE	: 13 05 26 00
ACCOUNT NUMBER	: 1305 716 582
SWIFT CODE	: NEDSZAJJ
REFERENCE	: SERL01161/Name & Surname



VISA REQUIREMENTS

General information about South African visas

Visitor's visas are for International travellers who have permanent residence outside South Africa and who wish to visit the country on a temporary basis for tourism, sport or business purposes for 90 days or less.

Requirements for visitor's visas differ from country to country. Countries that are exempt from needing a South African visa can be found on the following web-link

www.home-affairs.gov.za/index.php/countries-exempt-from-sa-visas

As each application is treated individually you should make enquiries with your nearest South African Embassy or Consulate.

Documents required for a visa:

- A valid passport
- The passport must have at least one unused page A completed BI-84 (application for visa form)
- Payment of the prescribed fee
- A yellow fever vaccination certificate (if required)
- Statement and/or documentation confirming the purpose and duration of your visit Two colour passport photographs
- A return or onward ticket

If you have children (minors) travelling with you or joining you in South Africa, you will need to provide the following additional documents: Proof of guardianship or consent from the guardian in the case of an unaccompanied minor.

Proof of financial means in the form of:

- Salary advices
- Undertaking by the South African Host Bursary
- Medical cover Cash available.



DURBAN, SOUTH AFRICA DETAILS

Welcome to Durban South Africa

Durban (Zulu: eThekweni, from itheku meaning 'bay / lagoon') is the largest city in the South African province of KwaZulu-Natal. It is also the second most important manufacturing hub in South Africa after Johannesburg.

Durban is famous for being the busiest port in South Africa and Africa. It is also seen as one of the major centres of tourism because of the city's warm subtropical climate and extensive beaches. The municipality, which includes neighbouring towns, has a population of almost 3.5 million, making the combined municipality the biggest city on the east coast of the African continent. The metropolitan land area of 2,292 square km (885 sq mi) is comparatively larger than other South African cities.

Durban has a humid subtropical climate with hot and humid summers and pleasantly warm and dry winters, which are frost-free. Durban has an annual rainfall of 1,009 mm (39.7 in) The average temperature in summer ranges around 28 °C (82 °F) while in winter the average temperature is 20 °C (68 °F). Sunrise in Durban on summer solstice occurs at 04h45 and sunset at 19h00; on winter solstice sunrise is at 06h30 and sunset at 17h20. The rainy season is in summer which begins sometime in November, ending in mid- April. Summers are sunny, hot and humid during the day, but are relieved by afternoon or evening thunderstorms.

The city is also occasionally affected by tropical storms and cyclones during the cyclone season which is from 15 November to 30 April. Winters, which are from June to August, are generally warm and sunny. Durban and its suburbs are hilly, except for locations in and around the central business district and the harbour.

Currency : ZAR

Time Zone : SAST (UTC+2)

Drive on the : L eft

Calling code : +27

ISO 3166 Code : ZA

South Africa is a multi-ethnic society encompassing a wide variety of cultures, languages, and religions. Its pluralistic makeup is reflected in the constitution's recognition of 11 official languages, which is among the highest number of any country in the world. Two of these languages are of European origin: English and Afrikaans, the latter originating from Dutch and serving as the main language of most white and coloured South Africans. Though English is commonly used in public and commercial life, it is only the fifth most-spoken home language.

About 80% of South Africans are of black African ancestry, divided among a variety of ethnic groups speaking different Bantu languages, nine of which have official status. The remaining population consists of Africa's largest communities of European, Asian, and multiracial ancestry. All ethnic and linguistic groups have political representation in the country's constitutional democracy, which comprises a parliamentary republic and nine provinces. Since the end of apartheid, South Africa's unique multicultural character has become integral to its national identity, as expounded upon by the Rainbow Nation concept.

South Africa is ranked as an upper-middle income economy by the World Bank, and is considered to be a newly industrialised country. Its economy is the largest and most developed in Africa and the 28th-largest in the world. In terms of purchasing power parity, South Africa has the fifth-highest per capita income in Africa, although poverty and inequality remain widespread, with about a quarter of the population unemployed and living on less than US\$1.25 a day) Nevertheless, South Africa has been identified as a middle power in international affairs, and maintains significant regional influence.

We look forward to welcoming you to our beautiful city.



Durban

South Africa

KWAZULU-NATAL



HOTEL RESERVATIONS

THE BEACH HOTEL

The ideal choice for holiday and business accommodation. Spacious air-conditioned rooms offer panoramic views overlooking the Durban bay and beachfront promenade.

The hotel is within close proximity of shopping centres, African handicrafts, the ICC/International Convention Centre, and uShaka Marine World.

All rooms have private bathrooms with showers, air-conditioning, colour TV including M-Net, tea and coffee making facilities and a telephone. Limited room service and undercover parking is available.

The Hotel has three restaurant options including Pier 107, a-la-carte, on the terrace overlooking the beachfront promenade and El Cordoba buffet style. Beach Hotel has three specialist conference venues that cater for a maximum of 120 delegates in cinema style. Professional banqueting personnel will organise all the finer details of your function whether it is a conference or other special occasion.



TROPICANA HOTEL

Durban is known for its wonderful weather and the Tropicana, one of the Durban beachfront's most stylish hotels ideally situated on Durban's Golden Mile overlooking the ocean. Large windows open to fresh ocean breezes while air conditioners beat the Durban heat. Tea and coffee making facilities, DSTV, an en-suite bathroom with shower, a personal electronic wall-safe for guests' valuables & full Wireless Internet Access (WIFI).

Diverse accommodation options mean this is the ideal venue for a family break

The Tropicana is also a diner's delight. Guests can relax on the terrace of the friendly sidewalk Clippers Café Bar and enjoy a variety of coffees and a slice of cake, a light meal or simply a sundowner. The terrace is the ideal place to while away those lazy afternoons or watch an adrenaline pumping sporting event. Dinner is served in the Seven Palms Restaurant (which also serves our renowned buffet breakfasts). The Ocean View Bar offers computer access, as well as light snacks and bar service late into the night.

SOUTHERN SUN ELANGENI & MAHARANI HOTEL

Overlooking the Indian Ocean, this high-rise hotel is 1.2 km from Suncoast Casino and 3.4 km from uShaka Marine World aquarium and water park.

Straightforward rooms with ocean views offer free Wi-Fi, flat-screen TVs, and tea and coffeemaking facilities. Some rooms have minifridges. Suites add separate living spaces, and some have kitchens.

Dining options include 11 restaurants and bars. There's also a spa, 3 pools and 2 exercise rooms, as well as 15 meeting rooms (including a top-floor event space with ocean views). A shuttle to the casino is complimentary.



ALL HOTELS IS A 10-15 MIN WALKING DISTANCE TO THE TOURNAMENT ARENA

HOTEL RATES		
BEACH HOTEL : 3 STAR		<i>RATES PER ROOM PER NIGHT BED & BREAKFAST</i>
	ROOM CONFIGURATION	Cost
SINGLE	1 x DOUBLE BED, BED & BREAKFAST	R1,014.00
DOUBLE/TWIN	2 x DOUBLE BED, BED & BREAKFAST	R1,356.00
QUAD	2 x DOUBLE BEDS + 2 SINGLE BEDS OR 1 DOUBLE BED + 3x SINGLE BEDS	R2,128.00
FAMILY ROOM	2x DOUBLE BEDS- 2 ADULT +2 KIDS, UNDER 15 YEARS	R1,636.00
6 SLEEPER CHALET	SELF CATERING UNIT	R2,044.00
TROPICANA HOTEL : 3 STAR		<i>RATES PER ROOM PER NIGHT BED & BREAKFAST</i>
	ROOM CONFIGURATION	Cost
SINGLE	1 x DOUBLE BED	R1,226.00
DOUBLE	2 x DOUBLE BED OR 2x SINGLE BEDS	R1,611.00
FAMILY ROOM	2x DOUBLE BEDS- 2 ADULT +2 KIDS, UNDER 15 YEARS	R1,636.00
SOUTHERN SUN ELANGENI & MAHARANI HOTEL: 4 STAR		<i>RATES PER PERSON PER NIGHT BED & BREAKFAST</i>
	ROOM CONFIGURATION	Cost
SINGLE	1 x DOUBLE BED	R1,512.00
DOUBLE/TWIN	2 x DOUBLE BED OR 2x SINGLE BEDS	R1,932.00

Hotel Reservations Contact Details:

Email: media@serendipitytours.co.za
 Contact: Thirusa Naidoo

All fees for the accommodation must be paid into the below account.
 Proof of payment must be emailed media@serendipitytours.co.za

Banking Details

ACCOUNT NAME : Serendipity Tours
 BANK : Nedbank – Smith Street (Durban)
 BRANCH CODE : 13 05 26 00
 ACCOUNT NUMBER : 1305 716 582
 SWIFT CODE : NEDSZAJJ
 REFERENCE : SERL01161/Name & Surname

All bookings Hotel reservations to be made by 31st August 2018.



OFFICIAL EVENT COORDINATORS:

SERENDIPITY TRAVEL

A division of the Serendipity Worldwide Group, was established in 1996 and specialises in corporate, leisure and incentive travel worldwide. With branches in major cities around South Africa, the company serves as a superb catalyst for out-bound Travel and Tourism. Serendipity Travel is a multi-award winning company with well-deserved accolades from various suppliers and are IATA and ASATA accredited. We will continue to be the market leader in South Africa and Africa by setting new trends in the travel industry with our ultimate aim of achieving global recognition.

Contact Person : Thirusha Naidoo
Kim Van Den Berg

Email : media@serendipitytours.co.za
kim@serendipitytours.co.za

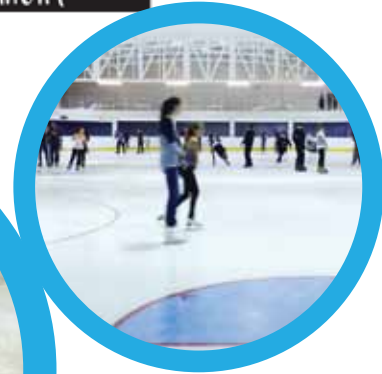
Tel : +27 31 201 0630

Website : www.serendipitytravel.co.za





olive
CONVENTION CENTRE
'GATHERING WITH PURPOSE'



The international size, new Durban Ice Rink recently celebrated one year since it's re-launch in 2015. The facility is a world class establishment and makes Durban proud. The Durban Ice Arena is considered one of Durban's most iconic and historic recreational facilities. Located in the heart of the vibrant multicultural city of Durban, the Durban Ice Arena is the latest addition to the many world-class facilities the City has to offer. Opening its doors in 2015, The Durban Ice Arena has become a firm favourite in the entertainment industry, largely due to its placement within Durban's Golden Mile and proximity to hotels, beaches, durban's tourist attractions and landmarks

