

KARATE NOVA SCOTIA

Membership Policy

Revised December 12, 2021

Introduction

Karate Nova Scotia (KNS) is the only body which the Province of Nova Scotia recognizes for karate:

- To provide a provincial organization to promote, encourage and stimulate interest in karate in Nova Scotia.
- To create a forum for discussion and assist in the organization, development, and implementation of karate programs.
- To celebrate the excellence in all styles of karate affiliated under KNS.

Membership

Dojos across Nova Scotia that participate and practice karate, of all styles, and whose main interest is promoting martial arts, expand participation, and improve the quality of karate in Nova Scotia. Members of Karate Nova Scotia receive many benefits of affiliation. In order to be a member of Karate Nova Scotia dojos must complete the requirements of membership and pay the membership dues in a timely manner. The following fees are on an annual basis.

[KNS Annual Membership Fees](#)

Dojo Registration Fee - \$50

Kyu Student Membership Fee - \$25

Dan Student/Coach Membership Fee - \$40

KNS Member Benefits

Information and Communications

KNS emails each member club notices of all KNS events, including tournaments, meetings, Officials committee events, NCCP Programs, minutes of meetings and other pertinent information. We do our best to ensure that our clubs are well informed of events and information pertaining to KNS but also with opportunities coming from Sport Nova Scotia, the Canadian Sport Centre Atlantic and Coaching Nova Scotia.

For more information contact: info@karatens.org.

Insurance Coverage

This is purchased through KNS and Sport NS. This provides liability and injury protection for dojos, Senseis and karateka; and sport accident, at a very affordable rate. It is automatically included in the membership annual dues.

More information can be seen here: [KNS Membership](#).

Martial Member

KNS has partnered with Martial Member. This is a membership management online program that gives KNS and member clubs 24/7 visibility to their registered members, manage membership at both the provincial and club levels, club renewal wizard and progress tracking, and electronic invoicing and payments capabilities.

Club Requirements: All clubs affiliated with KNS must start their annual renewal October 31st and submit their memberships and payment by December 31st using Martial Members.

More information can be seen here: [Martial Member](#)

First Aid and CPR/AED Training

KNS attempts to subsidize First Aid and CPR/AED Training for clubs. Depending on the budget, KNS will arrange the session(s) and will pay for two members of each club to attend. All members of KNS are invited to attend and KNS will negotiate the cost of attendance for those not covered by KNS offer (the cost will depend on the number of participants).

Club Requirements: One (1) individual from each club affiliated with KNS have active and current First Aid and CPR/AED certification.

Funding and Grants

Sport Nova Scotia (SNS) offers grants to assist Provincial Sport Organizations (PSOs), Community Sport Organizations (CSOs) with program development for athletes, officials and NCCP coaching certification. As the official body for karate recognized by the SNS, all clubs and members affiliated with KNS is eligible to apply for the available funding and grants.

The main source of club funding through SNS is the Sport Fund which focuses on community sport support. The goal of the fund is to support quality, sustainable programming, either by providing funds to help organizations create new programs, or to expand and/or enhance current programs to provide more opportunities for Nova Scotians to take part in sport. The deadline for Sport Fund is April, June, August, October, December and February. More information on Sport Fund can be found here: [Sport Fund](#).

More information can be seen here: [SNS Funding and Grants](#).

KidSport Nova Scotia

All clubs affiliated with KNS have access to funding through KidSport Nova Scotia, which provides grants to kids (18 years old or younger) to assist with the costs of training.

More information can be seen here: [KidSport Nova Scotia](#).

Black Belt Recognition Program

Karate Canada, in collaboration with the provincial organizations, has established a program to provide dan ranking. This ensures consistent black belt standards and provides objective review of unique style associations or clubs without traditional parent organizations.

Coaching Development - National Coaching Certification Program

The purpose of the National Certification Program (NCCP) is to upgrade the quality of instruction of our coaches and dojo instructors. KNS is the only body in the province authorized by the Coaching Association of Canada to conduct technical and practical seminars and certify the successful participants.

Instruction Beginner: This workshop is tailored for coaches of athletes who wish to equip themselves with fundamental karate coaching knowledge. The workshop focuses on planning, safety, basic teaching and learning theory, as well as preparing coaches to analyze karate skills.

NOTE: It is recommended to hold a karate brown belt to take this course.

Instruction Beginner Coach Pathway ([PDF](#))

Competition Introduction: Intended for coaches who want to enhance their repertoire of karate skills and possibly enter their athletes into competition, this weekend workshop is a good introduction to the competitive environment of the sport. Coaches will learn in-depth planning, supporting and improving athlete competition skills, and a detailed overview of the rules governing karate competitive settings.

NOTE: It is recommended to have done the Instruction Beginner course prior to register for the Competition Introduction course. Coaches should also hold a black belt in karate.

Competition Introduction Coach Pathway ([PDF](#))

Competitive Development: For senior level coaches working with Provincial and National Team athletes, this mix of multisport and karate specific modules will provide well-rounded training for developing competitive athletes. Participants will learn to manage a competitive sport program, effectively deal with sport psychology and ethical issues, as well as learn to analyze and evaluate skill and performance.

NOTE: It is recommended to have done the Competition Introduction course prior to register to the Competition Development workshop. Coaches should also hold a karate black belt.

Competition Development Coach Pathway ([PDF](#))

Requirements: It is recommended that within one year of being approved as a club affiliated with KNS, at least one of its senior instructors attend the next available NCCP Instructor Beginner course hosted by KNS.

Long-Term Athlete Development

We provide communication and delivery of Long-Term Athlete Development (LTAD) programs and information developed by Karate Canada. Karate Canada has produced the "[Karate For Life Booklet](#)", which outlines the LTAD process.

"Karate for Life" is a framework of athlete development with special reference to growth, maturation and development, trainability, and the sport Karate system alignment and integration. It incorporates information from the Sport Canada resource paper "Canadian Sport for Life" which is a generic model of athletic development aimed at improving the nation's health and excellence in sport.

Seminars

Different styles of karate are recognized by KNS. From time to time, students at all levels are given special opportunities to learn from masters (or experts) who are invited from around the world to provide in-depth instruction for members.

More information can be seen here: [KNS Calendar of Events](#).

Athlete Kumite Development Program

This program focuses on competition & tournament preparation. The focus is on Kumite. Students will learn development skills through a series of drills and exercises aimed at preparing for competitions and prepare for potential future provincial and national team selection. Kumite drills, speed & coordination exercises, tournament rules and other related subjects will be introduced throughout the program.

More information can be seen here: [Athlete Development](#)

Athlete Kata Development Program

This program focuses on competition & tournament preparation. The focus is on Kata. Katas learned in this program will be from all the karate systems practiced in the province, with focus being on those that are most successful at a National Level. Tournament rules and other related subjects will be introduced throughout the program.

More information can be seen here: [Athlete Development](#)

Tournaments

KNS Tournament coordinators structure the Provincial Grand Prix Tournaments. Competing in tournaments expands karate experience and can earn good competitors a place on the provincial team to compete at national and international events. Membership of KNS is a prerequisite for team membership and for entrance to KNS sanctioned tournaments.

More information can be seen here: [Tournaments](#)

In addition, KNS sanctions style specific tournaments, lending guidance and policies to ensure for safe tournaments.

More information can be seen here: [KNS Calendar of Events](#).

Officials Development

KNS Officials Committee provides the model for training and upgrading judges for kata, and referees for kumite. Membership in KNS allows access to this group which holds regular upgrading seminars. Their motto: **“Safety of the competitor comes first”** and a **“Fair and equal playing field for all.”**

More information can be seen here: [KNS Officials Program](#).

The Nova Scotia Karate Team

Anyone interested in becoming a member of the team an opportunity to compete for a spot to represent Nova Scotia at the Canadian National Karate Championships.

The Championships take place annually in a pre-designated host province. Athletes are assisted in numerous ways to prepare for the competition to achieve optimum success in their event(s). There are individual, as well as, team events kata. These events are further divided by the age and weight (for kumite) of the competitor. As a part of the Nova Scotia Karate Team, each athlete will be entitled to team workouts, clinics and other seminars offered specifically to team members to ensure their continued development.

By competing in the National Championships, you will have the opportunity to make the National Team. Each year, both the Junior and Senior National teams compete in various international competitions.

Making the Nova Scotia Karate Team is the first step to achieving goals such as Pan-American or World Champion.

More information can be seen here: [Nova Scotia Karate Team](#).

KNS Awards Program

The intent is to recognize the highest athletic achievements, as well as contributions to karate of the individuals in this province (athletes, coaches, officials, volunteers, supporters).

The award categories, criteria and nomination forms are available here: [KNS Awards](#).

Karate Nova Scotia Hall of Fame

Karate has a rich history of sport and culture. Eventually karate developed into different styles. Because of their common beginnings, all styles have a common thread binding them together. The Nova Scotia Karate Association (now Karate Nova Scotia) was founded on November 17, 1973, by people from various walks of life - and styles of karate - whose main interest was promoting unity among these styles. They knew that through unity they could better promote this martial art, expand participation, and improve the quality of karate in Nova Scotia.

Karate Nova Scotia created the Hall of Fame to recognize the pioneers, builders, athletes, and contributors who have made outstanding contributions to Karate in this Province. The KNS Hall of Fame looks to follow a similar criteria as the Nova Scotia Sport Hall of Fame for recognizing and awarding members who have made outstanding contributions to Karate Nova Scotia.

More information can be seen here: [KNS Hall of Fame](#).

Criminal Record Checks and Child Abuse Registry

To ensure the safety of all KNS members we require that all dojo instructors complete criminal record checks, and for those instructors working with individuals in vulnerable populations complete vulnerable sector checks.

Requirements: KNS requires that every dojo instructor submit a clean criminal record check and vulnerable check every three years that can be completed through Martial Members.