



KARATE NOVA SCOTIA

Coaches Report

September 26, 2015

The Coaching Staff is pleased to report on the 2015 National results and the progress to date for the 2016 team as Nationals take place in Richmond, BC from Jan 29-31, 2015.

2015 Program:

Athletes accumulated points for the team selection from their attendance and results at:

- 8 Kumite workouts
- 2- Grand Prix's
- 1 Atlantic Championships

The following athletes and coaches represented NS at Nationals in Richmond, BC from January 30-February 1, 2015:

Athletes:

Amir Aali	Dartmouth	Halifax Ryuseikan
Yanick Boudreau	Dartmouth	Halifax Ryuseikan
Alex Mathias Comeau	Meteghan	Bushino Ki Karate
Sydney Comeau	Meteghan	Bushino Ki Karate
Riley Deveau	Church Point	Bushino Ki Karate
Trysten Deveau	Church Point	Bushino Ki Karate
Tyler Deveau	Church Point	Bushino Ki Karate
Logan Durling	Cambridge	Young's Uechi Ryu Karate
Jake Bird	Kentville	Burgess Martial Arts Academy
Joseph Habchi	Halifax	Halifax Ryuseikan
Ryan O'Neil	Halifax	Halifax Ryuseikan
Sean O'Neil	Halifax	Halifax Ryuseikan
Brooklynn Rutherford	Upper Stewiacke	Halifax Ryuseikan
Devin Sexton	Falmouth	Windsor Karate Club
Makalya Sexton	Falmouth	Windsor Karate Club
Roland Smith	Windsor	Windsor Karate Club

Coaching Staff:

Mitchell German- Head Coach	Halifax Ryuseikan
Karen Armour	Windsor Karate Club
Greg Da Ros	Halifax Ryuseikan

2015 National Results:

Gold Medals: Trysten Deveau: Junior -53 kg
Trysten Deveau: U21 -55 kg
Ryan O’Neil: U21 -67 kg

Bronze Medals: Yanick Boudreau: Youth Cup -48 kg
Sean O’Neil: U21 -75 kg
Ryan O’Neil: Sr. -67 kg
Sr. Female Kumite Team
Sr. Male Kumite Team

4th Place: Alex Comeau: Cadets -57 kg
Logan Durling: Cadets -63kg
Tyler Deveau: U21 -75 kg
Roland Smith: U21 +84 kg
Sean O’Neil: Sr. -75 kg

Trysten Deveau was awarded the Junior Sportsmanship Award at Nationals.

Junior Pan Ams: Santa Cruz, Bolivia August 27-29, 2015-09-21

Five athletes from the NS Karate Team competed at the Junior Pan Ams in Bolivia: Trysten Deveau, Ryan O’Neil, Alex Comeau, Logan Durling, and Brooklynn Rutherford.

Trysten Deveau gold a bronze medal for Team Kumite.
Brooklynn Rutherford got a 7th place finish for her individual event.

Junior Worlds: Jakarta, Indonesia November 12-15, 2015-09-21

Two athletes from the NS Karate Team will be competing at the Junior Worlds in Jakarta: Trysten Deveau and Alex Comeau. Ryan O’Neil also qualified to compete but is unable to attend.

2016 Program:

Try outs for the 2016 Canadian Nationals have begun. We will have 8 Kumite workouts and 4 Kata Workouts scheduled.

This year the Youth Cup will not be a separate event but rather the divisions will be part of Nationals and the divisions will have the same qualification criteria as all National athletes.

Nationals will take place in Richmond, BC from January 29-31, 2016.

