

Karate Nova Scotia

The Official Sport Governing Body for Karate in Nova Scotia



Karate Nova Scotia Annual General Meeting 2021

Date August 29, 2021

Time 6:30 to 9:00

Where Zoom

Available Board Positions

<i>President</i>	2024
<i>Vice-President</i>	2023
<i>Secretary</i>	2022
<i>Treasurer</i>	2023
<i>Director at Large</i>	2022
<i>Director at Large</i>	2022
<i>Director at Large</i>	2023
<i>Director at Large</i>	2023
<i>Athlete Director</i>	2022

Nominees

<i>President</i>	Greg Da Ros	Peg Mumford
<i>Vice-President</i>	Shannon Doane	Greg Da Ros
<i>Secretary</i>	Michaela Peters	Shannon Doane
<i>Treasurer</i>	Peg Mumford	Greg Da Ros
<i>Director at Large</i>	Mark Doubleday	Jeff Murphy
<i>Director at Large</i>	Randy Roach	Scott Aucoin
<i>Director at Large</i>	Kevin Jones	Kevin Seyffert
<i>Director at Large</i>	Rob Sweeney	Jeff Murphy
<i>Athlete Director</i>	Maria Habchi	High Performance Committee

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Bios

President - Greg Da Ros

Karate profile:

- Member of Karate NS Executive since 2003, held every position category except Treasurer, currently acting President
- Maintain KNS website and email communications over the past 10+ years
- Studied Uechi-Ryu for 14 years, started in 1993, achieved the rank of Sandan under Sensei Dave Hunt
- Studying Chito Ryu Karate since 2008
- Recipient of Karate NS Male Athlete of the Year (multiple); Volunteer of Year (multiple); Sensei Michael S. Delaney Builder (2009); Club Contributor (multiple)
- Nova Scotia Support4Sport Awards (Sports NS) Volunteer of the Year (2019)
- Nova Scotia RICOH Awards (Sports NS) Volunteer of the Year (2011)
- Nova Scotia IKON Awards (Sports NS) Volunteer of the Year (2009)
- Provincial Tournament Official (Kumite and Kata Judge A)
- Karate NS Tournament Director since 2009-2015
- NCCP Competition Introduction in training
- Karate NS Team Assistant Coach 2005 - present, also have held role of Team Manager over the years
- Junior Program Instructor at Halifax Ryuseikan for past 10 years
- Competed in close to 100 provincial, national, and international tournaments
- Provincial Karate Team athlete from 2000 until 2008
- Bronze medalist in 80kg Men's Kumite in 2004 National Canadian Championships (WKF)
- Chito Ryu Soke Cup World Silver Kumite Medalist (2010)
- World Uechi Championships Bronze Kumite Medalist as a Brown Belt (1998)

Outside Karate:

- Previous member of the Italian-Canadian Cultural Association board of director for 15 years
- Volunteer Soccer Coach, Storm Soccer Association (2015)
- Volunteer Baseball Coach, Dartmouth Diamond Dogs (2021)
- Manager of Digital Services at the Halifax Regional Municipality

Comments:

I have been heavily involved in KNS for quite some time, essentially from 2000 onward when Coach Griffin decided to take a chance on me and add me to the Open Division at the 2000 Nationals alongside Gary Sabean (1999 Champ) and Mitch German as they had an extra spot ... fast forward 21 years later I see myself up for a role on the board one more time. I value all the efforts of the current team serving KNS over the past 18 months, especially during these challenging times we find ourselves in, they have ensured the president role (which I assumed once Jason Fields resigned for personal reasons) was not as intimidating as I had feared. My goal should I get elected as president is to continue to work with the team to build a strong association for all its members, so that in three years I can hand the

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baton off to the next series of current and future leaders who can then achieve even greater things for all the members.

Vice President - Shannon Doane

Karate Experience

I have been involved in karate for over 25 years and have experience in many areas including competition, instruction, and organizational operations.

Some of those experiences include (in no particular order):

- Head instructor of the Saint Mary's University Shotokan Karate Club.
- Event organization: Socials, fund raising, and clinics.
- Website and promotional material design.
- Extensive competition experience including individual kata, individual kumite, team kata and team kumite within style specific Shotokan organization at provincial and national level. Medaled in many events at both provincial, national, and ISKF Master Camp goodwill international competition.
- Female kata athlete of the year 2017, 2018 and 2019 with KNS.
- National Coaching Certified Program (NCCP) Completion Developer level.
- Class A provincial kata and kumite official.
- KNS Regional and Secretary board positions since 2016.
- KNS kata coach.

Other stuff outside of karate:

- Raising purebred exhibition and heritage poultry. Awarded the American Poultry Association Master Exhibitor designation 2017.
- Painting and photography.
- Hiking, nature, and birdwatching
- Volunteering with various organizations (past and present) such as the Nova Scotia Purebred Poultry Association, Halifax International Shotokan Karate Association, and the Halifax County Exhibition.
- Part of the NSGEU Bully Free Workplaces program as an instruction facilitator.

Work:

- Web Developer with Saint Mary's University.

Secretary - Michaela Peters

Michaela is the acting chief instructor for the CASK Halifax club, stepping into the role after the founder of CASK Halifax, Garrett Chase, moved to BC. She is a Shodan in Wado and served many secretarial roles in other organizations over time.

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Treasurer - Peg Mumford

Karate Experience

Practicing Karate for over 7 years. Assistant coach at Murphy's Karate Dojo. Participated in numerous competitions. Did scoring at numerous competitions including the Nationals in Halifax. Member of the Board (Director) of Karate Nova Scotia in 2021.

Experience

For the past 21 years supported financial systems for Nova Scotia Power. This includes both technical and functional support.

Other

Love to hike, canoe, bike, read and work out.

Recently learned how to crochet.

Director - Kevin Jones

Kevin Jones is currently a Yondan in the WIKF. Sensei Jones is the Chief Instructor for the East Coast Wado Karate Club. He is currently the Secretary of the National Organization WIKF Canada. He has accreditation for judging in both Kata and Kumite at the A level for Karate Canada. He is currently involved in a few areas with Karate Nova Scotia as well.

Director - Randy Roach

Sensei Randy Roach is an instructor at the Chéticamp Karate Club which is newly affiliated with the Nova Scotia Chito-Ryu Association. He taught karate in Chéticamp from 2014 - 2020 under the guidance of Sensei Leo Donovan and has over 16 years of martial art experience and has dedicated over 5000 hours of training during this period. Randy's prior martial arts experience earned him a Green with brown patch in Uechi-Ryu under Dartmouth Karate Club (Grading Instructor 3rd Degree Brian Bailey—please visit <http://www.dartmouthuechiryu.com/>). Randy has transitioned to the Chito-Ryu based style of CBH Karate Club well with over 8 years of current training knowledge. He has over 2000 hours of Instructional experience in the Chéticamp area, and in July of 2019 received his Shodan under the guidance of Senseis Paul and Leo G. Donovan, with support from several of Paul's previous Chito Ryu Black Belts. Randy will pick up a karate class wherever he goes, train with anyone who loves karate and has access to a network of martial artists across Cape Breton. He is dedicated to seeing karate grow in his home community and his infectious passion for the art is spreading amongst students young and old.

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Director - Rob Sweeney

Rob is the Chief Instructor of Shoto Ryu Jutsu Karate Club and is a 3rd degree black belt in Shotokan Karate. He is a Karate Canada National kata judge A and kumite judge A. He currently sits on the Tsuruoka Karate Board of Directors.

Director - Mark Doubleday

Mark is black belt in Chito Ryu karate and has served as the treasurer of Karate Nova Scotia since 2019. He is an accountant by profession, and has been involved in many big projects with KNS during this time.

Athlete Director - Maria Habchi

Maria has been involved in karate for 14 years and is a numerous Team Nova Scotia team member. She is a previous Captain for the Nova Scotia Team and was recently submitted to be KNS's True Sport Ambassador for Sports Nova Scotia. She is currently enrolled to begin her Engineering Degree at Dalhousie in the Fall of 2021.