



2022 AGM - President's Report

May 15, 2022

Finally! There is some light. Although the pandemic still had a negative impact of the majority of 2021. The later part of 2021 saw a "Return to Play" and some form of normalcy. We went from an extreme of no events to "every" event over the last 4 months, jammed pack with clinics, team tryouts, and tournaments. We do not slow down at least until after Nationals July 1st.

I do recognize there are still struggles, and if at any time you find yourself in need or have questions on guidelines, available funding, programs, etc . do not hesitate to reach out to someone on the KNS Executive and Board or send email to info@karatens.org.

Elected at the 2021 AGM as President, I start year 2 of a 3-year mandate. As a board we continue to work hard to move the association in a direction that we hope benefits the needs of the members. I feel the team has done a great job! Our mandate has been just shy of 9 months, due to the impacts Covid-19 had on scheduling for the 2021 AGM. We have worked on foundational items, building out more of the governance model, documenting polices and setting up terms of reference for committees. We continue to support our paid staff, learn and plan for the future.

My report will be much briefer than the 2021 Presidents Report, but have no fear, other roles in the association have provided great reports for you to enjoy, filling in all the gaps.

Special thanks goes out to Pat Thompson, our Sports NS Administrative Coordinator who we worked with for many years and recently moved on to a position in Sports NS supporting KidSport. Speaking of KidSport check out the end of my report for some recent stats on the program; you can see that it has a fairly large impact on karate. We now welcome Iain Carew in this role. Iain has some big shoes to fill, but so far has done a great job!

TEAM EFFORT

The Executive and Board continues to meet online on a set schedule at least once a month, generally 2-hours, to discuss topics of concern for and from KNS members, updates from Sports NS, updates from Karate Canada and updates on the project and activities of the association. The switch to online continues to save us on travel time, limits cancellations, and enables quick turnaround on action items and who can forget the ability to meet in our pyjamas, while sipping our favorite nighttime beverage. We did see 3 of our "Directors at Large" resign throughout this term, due to personal reasons. I want to personally thank Mark Doubleday, Randy Roach and Robert Sweeney for their support while they were part of the board. We hope to see them return in the future.

If you are every wondering who is on the board and their roles visit <https://karatens.org/kns/board-of-directors/>

BLAWYS & POLICIES

At the 2021 AGM, we were able to see a lot of hard work that was put into the revision of the bylaws of the organization come to fruition. The new bylaws were passed with a few recommended additions. The team continues to review policies and update or create new ones, to provide guidelines for any situation that may arise both at a club and provincial level. These policies are available to all dojos within KNS and should adopted. Once adopted we are making them available online at <http://karatens.org/dojo/governance-documents/>



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ACCOUNTING PRACTICE

The adoption of E-transfers has been great and making it much easier to receive payments. Recently, we have also signed up for Sports NS Financial Service offerings. More details will be included as part of Financial report.

COMMUNICATIONS

The email traffic definitely picked up over the last 4 or 5 months. We regularly send emails out to our association distribution list (~500 in group) regarding KNS activities, Sports NS, KC, Coaching Association of Canada and other related partners. Our distribution list is mainly made up of those who register for clinics and tournaments, and dojo contacts; we add and remove emails from list as we get requests. We have had some challenges with gmail accounts but are working though it. As always, it is our hope that you share the information we send to you with your members, your networks, where you feel it is appropriate. If you are aware of anyone who would like to receive our emails directly please direct them to the following page to subscribe <http://karatens.org/contact-us/>. Anyone can always visit www.karatens.org

In addition, you can visit all our social media platforms:

- Facebook [Karate Nova Scotia Group](#)
- Twitter [Karate Nova Scotia Twitter](#)
- Instagram [Karate Nova Scotia Instagram](#)
- YouTube [Karate Nova Scotia Channel](#)

NCCP

We were able to schedule a course since the last AGM! Our Technical Director continues to work with NCCP facilitators to make progress in this area moving forward. Karate Canada and Sports NS continue to offer some free online sessions, however, slowly fees are coming back. For more details on the coaching program, you can also visit <http://karatens.org/programs/coaching/>

KARATE CANADA

KC has had some resource turnover in may of their roles over these last 6 months. All have been filled and everyone is excited to continue the journey forward. KC continues to keep the Provincial Presidents informed of all their events, activities, and program offerings. Due to much of their turnover however, we were limited in the bi-monthly online sessions they had started in 2020, designed to inform Provincial Presidents and members of KC activities, allow for discussion on issues, provide updates on global activities, such as the major international events, provide feedback to initiatives and keep in tune with everyone's 'Return to Play' programs and pandemic impacts. Of course, much of their focus is the return to Nationals (Junior and Senior) July 1st to 3rd in St. John's, Newfoundland. To stay current with KC you can always check out <https://karatecanada.org/>

AWARDS

We have yet to recover in the area of recognition, 2022 will see us return to our KNS award program and other forms of formal recognition we have made in the past. Sport NS is about to hold their **2022 Support4Sport Awards** on May 28th which celebrate accomplishments between April 1, 2021, and March 31, 2022. Karate NS has submitted the following:

- 2022 Coach – Mitchell German
- 2022 Senior Male – Ryan O'Neil

We also had Jack Boutilier and Ryan O'Neil win Cleve's Source for Sports Athlete of the Month for December 2021, and March 2022 respectively.



OFFICIALS

Milton Bourque and the Officials Committee started the process of rebuilding the officials ranks as can be noted in his Officials Report. We hosted 3 tournaments where officials had opportunities to shake the rust off. KNS sent their top official in my humble opinion to the 2022 Atlantics, held in Saint John New Brunswick over Easter Weekend (You guessed it, that was me 😊). I want to continue to remind everyone, Officials are vital to running a safe, fair and efficient competition. We need more of you! Look beyond the Senseis; our club members can be valuable additions to all the various teams and programs offered. For details on the recent happenings read the Officials AGM report. If you are interested in knowing more about the Officials program please visit <http://karatens.org/programs/officiating/>

TEAM

The 2022 tryout process saw many new faces come out both in kata and kumite. The 2022 KNS Team heading to Nationals was recently announced (soon to be posted on website). We will have 30 athletes represent, which for us is considered a large team. We were also able to grow the coaches ranks to 8 in total to support the program and events. For more details on the development of athletes and the team, read the AGM's High-Performance Coach Report. You can also visit <http://karatens.org/programs/team/> and <http://karatens.org/programs/athlete-development/> for additional info.

STAFF MEMBERS

We recently held our first annual evaluations for the Technical Director (TD) and High-Performance Coach (HPC) roles. These sessions were facilitated by Sports NS, Executive Board Members, the Staffing Oversight Committee Lead and the TD and HPC respectively for the sessions. The reviews were positive, and Sport NS along with KNS felt they effectively met their mandates:

1. The **Technical Director** is responsible for initiating, developing, and implementing Karate Nova Scotia's technical programming including coaching, officiating and athlete development programs while providing leadership to clubs in implementing related initiatives; and help create the supporting structure and system to foster the growth of the sport of karate.
2. The position of **High-Performance Coach** is to lead and create both high performance coach and athlete development programs and services across Nova Scotia in accordance with direction provided by the Board of Directors; and help create the supporting structure and system to foster and sustain a culture of performance excellence. Performance program overarching goal: Develop athletes through the Karate Nova Scotia system that consistently finish on the podium at Junior and Senior National Championships qualifying those athletes for Karate Canada National Teams and the opportunity to represent Canada at International competition.

Please reach out to them directly at any point via td@karatens.org or hpc@karatens.org

MEMBERSHIP

The membership process is becoming less and less challenging as dojos become more familiar with **Martial Member** (<http://karatens.org/dojo/martial-member/>). However, it still does take a few reminders for clubs to do the paperwork and pay the fees.

I need to remind you of the importance of the demographic information as it informs participation populations, instructor levels and credentials, and regional breakdowns; this is very important to support KNS, Sports NS and Karate Canada for funding requests and program planning. This data is also used to validate Karate Canada membership and governance



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around all their events and programs. Birthdate has been a contentious data item to collect, but it is important for the age demographics. If you are concerned with sharing exact birthdates, please put in January 1 and the year of birth so we have at least the year to assist in the age metrics. Please, when filling out the details, make every effort to ensure it is complete and accurate.

As part of the membership process, we took the big step to enact notifications on **enforcing compliance** in NCCP training, First Aid, Police and Vulnerable sector checks. We will continue with this practice and hope that all instructors understand the importance of this in today's society.

Please read the 2022 AGM Membership report for all the demographic info, and for all the governance documents and additional info on this topic visit <http://karatens.org/dojo/membership/>

FINAL THOUGHTS

There is no "Easy Button", it can't all be 30 second TikTok videos. There is a lot of work that goes on in order to run a successful association. We always need help. There are many ways for members to assist. During the AGM we will briefly outline a few Committees that need some help.

I hope the rest of the AGM reports fill in the gaps and provide more details. I imagine I missed things, my apologies if I did.

On behalf of the association, I hope, you as a member were happy with what, as a team, was achieved and will support us this coming year!

Stay safe, healthy, train hard and stay engaged!

Yours in Karate

Greg Da Ros
President Karate Nova Scotia | president@karatens.org

KNS is the recognized Provincial Sport Organization (PSO) responsible for creating a framework where everyone from casual participants to international champions can develop in a safe and fair environment. KNS's member clubs/dojos adhere to standards set by KNS, Sport Nova Scotia, and Karate Canada.



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2021 KidSport Funding Totals - Grant Amounts

Rank by Total Grant Amt	PSO	2021 - Grants	2020 - Grants
1	Hockey - Ice	\$165,128.71	\$96,610.00
2	Soccer	\$107,998.12	\$38,975.04
3	Cheerleading	\$53,480.00	\$37,020.00
4	Basketball	\$50,777.98	\$31,075.00
5	Gymnastics	\$37,015.58	\$38,116.27
6	Karate	\$30,020.18	\$12,793.52
7	Figure Skating	\$20,283.97	\$11,862.85
8	Football	\$15,943.96	\$4,587.03
9	Taekwondo	\$14,983.99	\$9,175.00
10	Baseball	\$11,847.04	\$4,207.97
11	Equestrian	\$9,743.20	\$6,765.00
12	Canoe/Kayak	\$7,805.00	\$4,200.00
13	Volleyball	\$7,640.23	\$7,839.48
14	Alpine	\$5,602.19	\$3,599.44
15	Swimming	\$4,902.34	\$3,617.00
16	Snowboarding	\$4,597.32	\$299.44
17	Softball	\$4,014.96	\$1,140.00
18	Speed Skating	\$3,699.70	\$596.50
19	Lacrosse	\$2,600.00	\$2,400.00
20	Tennis	\$2,400.00	\$2,370.00
21	Judo	\$1,600.00	\$2,395.00
22	Multisport	\$1,200.00	\$600.00
23	Badminton	\$1,100.00	\$2,400.00
24	Sailing	\$940.00	\$0.00
25	Rhythmic Gymnastics	\$810.00	\$0.00
26	Ringette	\$800.00	\$900.00
27	Rugby	\$500.00	\$0.00
28	Synchro	\$0.00	\$300.00
		\$567,434.47	\$323,844.54



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2021 KidSport Funding Totals - Kids Helped

Rank by Kids Helped	PSO	2021 - Kids Helped	2020 - Kids Helped
1	Hockey - Ice	363	336
2	Soccer	312	143
3	Basketball	140	110
4	Cheerleading	122	124
5	Gymnastics	117	132
6	Karate	94	48
7	Figure Skating	52	46
8	Baseball	42	17
9	Taekwondo	39	31
10	Football	38	18
11	Equestrian	27	24
12	Volleyball	25	27
13	Canoe/Kayak	20	14
14	Alpine	15	12
15	Softball	13	4
16	Swimming	13	14
17	Snowboarding	11	1
18	Lacrosse	8	9
19	Speed Skating	8	2
20	Tennis	8	9
21	Judo	4	8
22	Badminton	3	9
23	Multisport	3	2
24	Rhythmic Gymnastics	2	0
25	Ringette	2	3
26	Sailing	2	0
27	Rugby	1	0
28	Synchro	0	1
		1484	1144

KARATE NOVA SCOTIA



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KidSport Nova Scotia – PSO Report (2021 vs. 2020 Comparison Breakdown – Sorts by Totals)

2021 – Kids Helped	PSO	Registration Amt	Equipment Amt	Totals
363	Hockey	\$127,059.54	\$38,069.17	\$165,128.71
312	Soccer	\$86,489.86	\$21,508.26	\$107,998.12
122	Cheerleading	\$51,930.00	\$1,550.00	\$53,480.00
140	Basketball	\$39,410.00	\$11,367.98	\$50,777.98
117	Gymnastics	\$36,302.58	\$713.00	\$37,015.58
94	Karate	\$28,315.18	\$1,705.00	\$30,020.18
52	Figure Skating	\$15,857.84	\$4,426.13	\$20,283.97
38	Football	\$12,223.00	\$3,720.96	\$15,943.96
39	Taekwondo	\$14,288.99	\$695.00	\$14,983.99
42	Baseball	\$7,570.00	\$4,277.04	\$11,847.04
27	Equestrian	\$9,193.20	\$550.00	\$9,743.20
20	Canoe/Kayak	\$7,305.00	\$500.00	\$7,805.00
25	Volleyball	\$6,335.00	\$1,305.23	\$7,640.23
15	Alpine Ski	\$3,668.24	\$1,933.95	\$5,602.19
13	Swimming	\$4,202.34	\$700.00	\$4,902.34
11	Snowboarding	\$2,801.32	\$1,796.00	\$4,597.32
13	Softball	\$1,645.00	\$2,369.96	\$4,014.96
8	Speed Skating	\$3,160.00	\$539.70	\$3,699.70
8	Lacrosse	\$2,100.00	\$500.00	\$2,600.00
8	Tennis	\$1,845.00	\$555.00	\$2,400.00
4	Judo	\$1,600.00	\$0.00	\$1,600.00
3	Multisport	\$1,050.00	\$150.00	\$1,200.00
3	Badminton	\$957.50	\$142.50	\$1,100.00
2	Sailing	\$770.00	\$170.00	\$940.00
2	Rhythmic Gymnastics	\$455.00	\$355.00	\$810.00
2	Ringette	\$800.00	\$0.00	\$800.00
1	Rugby	\$500.00	\$0.00	\$500.00
1484		\$467,834.59	\$99,599.88	\$567,434.47

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KidSport Nova Scotia – PSO Report (2021 vs. 2020 Comparison Breakdown – Sorts by Totals)

2020 – Kids Helped	PSO	Registration Amt	Equipment Amt	Totals
336	Hockey	\$86,909.00	\$9,701.00	\$96,610.00
143	Soccer	\$33,120.50	\$5,854.54	\$38,975.04
132	Gymnastics	\$37,811.27	\$305.00	\$38,116.27
124	Cheerleading	\$36,420.00	\$600.00	\$37,020.00
110	Basketball	\$28,180.00	\$2,895.00	\$31,075.00
48	Karate	\$12,368.52	\$425.00	\$12,793.52
46	Figure Skating	\$9,984.80	\$1,878.05	\$11,862.85
31	Taekwondo	\$8,900.00	\$275.00	\$9,175.00
27	Volleyball	\$7,430.00	\$409.48	\$7,839.48
24	Equestrian	\$6,540.00	\$225.00	\$6,765.00
18	Football	\$4,155.00	\$432.03	\$4,587.03
17	Baseball	\$3,550.50	\$657.47	\$4,207.97
14	Canoe/Kayak	\$4,200.00	\$0.00	\$4,200.00
14	Swimming	\$3,587.00	\$30.00	\$3,617.00
12	Alpine Ski	\$2,972.24	\$627.20	\$3,599.44
9	Badminton	\$2,088.38	\$311.62	\$2,400.00
9	Lacrosse	\$2,200.00	\$200.00	\$2,400.00
8	Judo	\$2,115.00	\$280.00	\$2,395.00
9	Tennis	\$1,158.00	\$1,212.00	\$2,370.00
4	Softball	\$360.00	\$780.00	\$1,140.00
3	Ringette	\$900.00	\$0.00	\$900.00
2	Multisport	\$600.00	\$0.00	\$600.00
2	Speed Skating	\$486.50	\$110.00	\$596.50
1	Synchro Swimming	\$300.00	\$0.00	\$300.00
1	Snowboarding	\$149.44	\$150.00	\$299.44
1144		\$296,486.15	\$27,358.39	\$323,844.54