

Provincial Officials Clinic



KARATE NOVA SCOTIA

There will be a Provincial level Officials clinic on Saturday December 10, 2016 from 12:00 – 5:00 at the Windsor Karate Club at 4404 Highway # 1, Three Mile Plains.

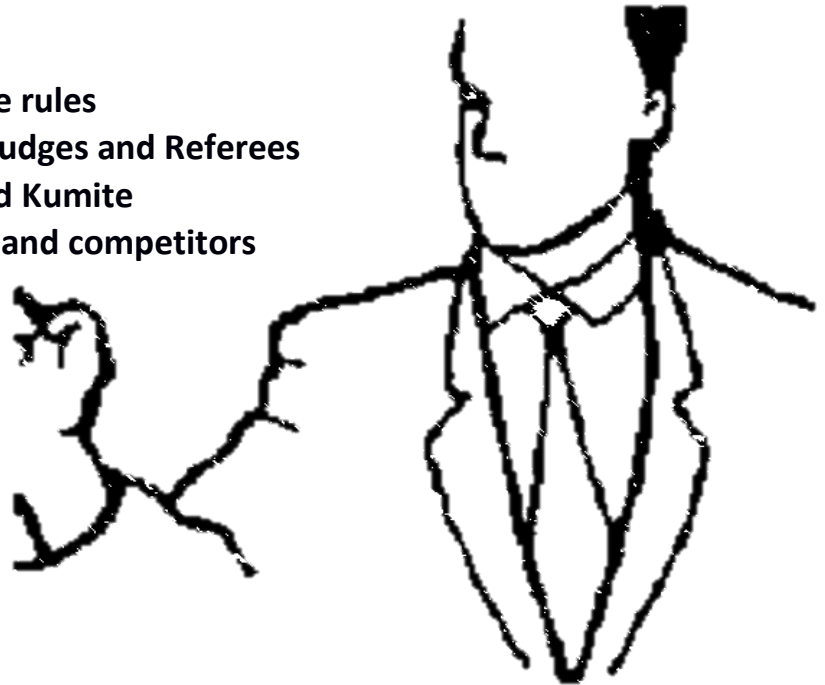
We will be reviewing the existing rules and discussing the up and coming changes to take affect January 1 2017. Certification will also take place for levels Provincial C, B and A.

The clinic is free and is open to all Karate Nova Scotia members Brown belt and above.

The schedule will be as follows:

- 12:00 – 1:30 WKF Kata and Kumite rules
- 1:30 – 2:00 Signals and gestures, judges and Referees
- 2:00 – 3:00 Written tests/Kata and Kumite
- 3:00 – 5:00 Practice with athletes and competitors

Dave Griffin would like to take this opportunity to invite all athletes, competitors and coaches to come out and participate. It is not necessary for the competitors to attend the whole session although you are most welcome if you wish.



We most certainly need your help for the practice session from 3:00 – 5:00.

We cannot have good competitions without good officials!!!!

You can download a copy of our most current of the WKF rules at the link below:

<http://www.karatecanada.org/pdf/wkf-kataandkumite-competition-rules2015.pdf>

Everyone is welcome. Participants should wear either a gi or comfortable track suit.

If you have any questions, please contact:

Dave Griffin (d19560809@EastLink.ca)

Chief Referee, Karate Nova Scotia