

SUNDAY 26TH MAY

ATLANTIC
CHAMPIONSHIPS

2024

PEI



VENUE



UNIVERSITY
of Prince Edward
ISLAND

550 University Avenue
Charlottetown
PE C1A 4P3

LIVE STREAMING

Live Streaming will NOT be available at this event.

Steve Wong – Karate PEI President
mazdaguy68@gmail.com

Erick Silva – Karate PEI Treasurer
erick.a.silva87@gmail.com

COMPETITOR ELIGIBILITY GUIDELINES

All participants must be members of their provincial karate associations.

Participants will be placed in a division in which they compete against other athletes who are relatively the same rank and age.

INDIVIDUAL KUMITE

Kumite is the physical combat side of karate. Two participants enter the ring and attempt to score points by striking scoring areas of their opponent.

Participants aged 8 years and older can compete in individual kumite.

Advanced (Elite) Kumite must weigh-in the day before competition.

INDIVIDUAL KATA

Participants will compete in groups divided by gender, with the top 4 participants moving on to the medal round.

Participants aged 5 years and older can compete in individual kata.

TEAM KATA

This event is the same as Individual Kata except athletes now compete as a team of three. The three athletes must perform the same kata at the same time.

Participants aged 5 years and older can compete in team kata.

NINJA KUMITE

Participants aged 8 years and under can compete in individual Ninja (flag) kumite.

MANDATORY EQUIPMENT

All equipment (including uniforms / gis) must perform like current WKF equipment, but it is not mandatory to be WKF approved equipment. Non-WKF approved equipment will not be refused.

KARATE GI

In alignment with current WKF rules of competition.

BODY PROTECTOR

The use of body protectors is required for all kumite participants. Body protectors may be WKF approved, or “WKF Style”.

GROIN PROTECTOR

The use of groin protection is mandatory for all male kumite participants.

MOUTH GUARD

All kumite participants must have a mouth guard.

HEAD PROTECTOR

The use of head protectors or helmets is required for athletes under the age of 14. This protection is compulsory use, and it protects the athlete's nose, cheekbones, and eyebrows from uncontrolled impacts during a bout. Head protectors must be WKF approved or “WKF Style”.

GLOVES

All kumite participants must have a blue and a red pair of gloves. Gloves may be WKF approved or “WKF Style”.

FOOT AND SHIN PROTECTOR

All kumite participants in Advanced (Elite) divisions must have a blue and a red pair of foot and shin protectors. Foot and shin protectors may be WKF approved or “WKF Style”. Participants in recreation divisions may, if they choose, wear white shin / foot protection.

BELTS

All Advanced (Elite) participants (over 12) must have both red and blue belts. Novice and Intermediate – color belts are accepted.

COACH ELIGIBILITY GUIDELINES

NCCP REQUIREMENTS

All coaching participants must be members of their provincial or territorial karate Associations and Teams and must be pre-registered.

Any coaches who wish to sit in a chair and coach ring side at this event must have a minimum NCCP (National Coaching Certification Program) certification of "Instruction Beginner Trained".

OFFICIAL ELIGIBILITY GUIDELINES

REFEREE / JUDGES

All officials who wish to officiate must participate in the Karate Canada Officials Clinic being held on Saturday, May 25th. Special consideration may be given to those who may have time constraints due to travel.

Please register prior to the event.

MINOR OFFICIALS (Table Volunteers)

We are always looking and WELCOME anyone who wishes to help.

ONLINE PRE-REGISTRATION FOR ATHLETES

April 14th 2024 – **Mandatory** Pre-Registration will be made available for all athletes. Registration closes midnight Monday May 20th, 2024.

Wednesday May 22nd 2024 – Draws will be posted.

Thursday May 23rd 2024 – Changes to pre-registration entries are possible and free of charge. Registrants are responsible for the quality and accuracy of the entered registration data.

Contact Collin Affleck (collin.affleck@gmail.com) to make changes.

NO CHANGES will take place after midnight Thursday May 23rd 2024

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**NO LATE REGISTRATION permitted.

ON-SITE REGISTRATION / WEIGH-IN

ON-SITE REGISTRATION

There will be NO on site registration. Any athlete who does not complete the online pre-registration will not be allowed to compete at the event.

WEIGH-IN RULES

Saturday May 25th (9am-10am) and/or Saturday May 25th (6pm-7pm)

Advanced (Elite) participants will be required to weigh within the weight limitations of the division in which they are registered.

If weight divisions are defined, a 0.4 kg variance above or below the weight division range is acceptable.

PROTOCOL

Weigh-in rules and protocol are as follows:

1. The official weigh-in will take place one day before the commencement of competition.
2. The Chief Official or designate is responsible for the operation of the weigh-ins.
3. Once the weigh-in has been closed by the Chief Official or designate, further access will require an appeal for exceptional consideration to be made to the President of Karate PEI.
4. One quality scale to the “male” weigh-in area and one quality scale to the “female” weigh-in area. Both of these scales will be calibrated to give the same readings within 0.1 kg (100 grams).
5. All participants are to initially weigh-in during the officially posted time period. The amount of time allotted for weigh-ins may be increased due to the increased number of athletes.
6. Participants to weigh-in wearing shorts & T-shirt but may be permitted to reduce to under-garments.
7. Privacy screens will be provided around the scale/weighing area.
8. No spectators are permitted during the weight-in process.
9. One coach, or his or her designate, is required to attend the weigh-in for each participating team. They are not permitted to interfere in the weigh-in process.
10. Athletes will be weighed by same-sex individuals. Without exception, opposite sex individuals are not permitted in the official weigh-in area.

RULE SET

Tournament will be governed by the WKF rules as adopted by Karate Canada. Some variations may apply.

DIVISIONS

NOVICE (Up to 1 year karate) & Intermediate (more than 1 year up to 3 years karate)

- Kumite – Separated by sex but no weight classes.

Youth - Ages 5 to 11

U14 – Ages 12 to 13

Cadet – Ages 14 to 15

Junior – Ages 16 to 17

U21 – Ages 18 to 20

Senior – Ages 18+

- Kata - Separated by belt rank and age, possibly sex depending on number of participants.

ADVANCE (ELITE) DIVISIONS

Competitors trying out or on Provincial Teams are only permitted to compete in the division that they will be eligible for at Nationals.

- Kumite – Separated by sex and weight where noted and number participant driven

Youth - Ages 8 to 11

U14 – Ages 12 to 13 (weight)

Cadet – Ages 14 to 15 (weight)

Junior – Ages 16 to 17 (weight)

U21 – Ages 18 to 20 (weight)

Senior – Ages 18+ (weight)

- Kata

Kata Divisions are separated by sex and align with kumite age ranges; exception is as follows:

Senior – Ages 16+

ELIMINATION FORMULA

ALL INDIVIDUAL KUMITE DIVISIONS

To be decided

ALL INDIVIDUAL & TEAM KATA DIVISIONS

To be decided

ENTRY FEES

Kumite: \$25 per participant per registered division

Kata: \$25 per participant per registered division

Ninja: \$15 per participant

Team Kata: \$10 per individual = \$30 per team

PAYMENT OF FEES

Payment of fees can be forwarded in advance by e-transfer to Karate PEI Treasurer Erick Silva erick.a.silva87@gmail.com.

Please note the event, name of athletes on your e-transfer details.

We will also have on-site payment option 8-9am morning of Sunday May 26th 2024.

EVENTS SCHEDULE

Friday, May 24th 2024

- 6:00 PM: Setup (UPEI Gym)

Saturday, May 25th 2024

- 9:00 AM: Accreditation (UPEI)

- 9:00 AM to 10 AM: Weigh-in (location TBD)

- 10:00 AM: Officials Clinic (UPEI)

- 12:30 PM: Kumite Clinic - Beginners / Int (UPEI)

- 12:30 PM: Kata Clinic - Advanced (UPEI)

- 2:45 PM: Kumite Clinic - Advanced (UPEI)

- 2:45 PM: Kata Clinic - Beginners / Int (UPEI)

- 6:00 PM to 6:30 PM: Weigh-in (location TBD)

- 6:00 PM: Karate PEI Hospitality (location TBD)

Sunday, May 26th 2024

(times are estimated, subject to change)

- 9:00 AM: Kata (5-11 Novice/Intermediate/Advanced 12-17 Nov/Int & team kata)

- 10:00 AM: Kumite 8-11 Nov/Int/Adv, Ninja 5-8, Nov/Int 12+

- 1:00 PM: Kata 12-17 Advanced, 18+ Novice/Intermediate/Advanced

- 3:00 PM: Kumite 12+ Advanced

CLINIC INSTRUCTOR INFORMATION

KUMITE CLINIC

Kumite Clinic: \$20 per participant

Randy Rix – Karate Canada Junior Head Kumite Coach

Randy began training at the West Island Karate Club in Prince Edward Island where he earned his Shodan in Chito-Ryu Karate. In 1994, Randy moved to Charlottetown, PEI where he continued his training at the Charlottetown Chito-Ryu Club and was a member of the PEI team from 1996 – 1999. In 2000 Randy moved to Nova Scotia and was a member of the NS provincial team from 2000-2003. Randy now resides in Fredericton, NB where he trains at the New Maryland Karate Club; his current rank in Chito-Ryu Karate is Godan (Shihan). Randy is also the dojo coach for National team members Kate Campbell, Yashna Hathi, Hilary Pond and Kristin Dixon.

Chito-Ryu New Brunswick Coach of the Year 2008

Karate Canada Atlantic Regional Coach – 2013 - Present

Provincial Head Coach for Team NB – 2017 – Present

Karate Canada Coach of the year - 2017

Kata Clinic

Kata Clinic: \$20 per participant

Shannon Doane – Head Kata Coach Karate NS

Shannon has been studying karate since 1996 and is currently a 5th degree (Godan) black belt in the style of Shotokan. Currently head instructor of the Saint Mary's University Karate Club, Shannon has been instructing in different capacities since 1997 when she started as an assistant in the children's karate class. Over time, she started working with adults and was the head instructor of a club in Charlottetown PEI before moving back to Nova Scotia in 2002. In 2010 she took over as the lead instructor of the Shotokan club on the Saint Mary's University campus where she continues to teach to this day.

Shannon started competing in 1996 shortly after she started karate and has participated in kata (forms), kumite (sparring) and team events at provincial, national and international tournaments where she medaled in many events over the years. In Karate Nova Scotia she received the Senior Kata Athlete of the Year designation three years in a row before retiring from competition in 2019.

Within Karate Nova Scotia, Shannon currently acts as the lead instructor for the provincial kata team along with serving on the Board of Directors as the Vice President of the organization.

Romain Losier – Head Kata Coach Karate New Brunswick

From St-Isidore, New Brunswick, Sensei Romain practiced Tsuruoka karate-do for the last 36 years, being the sensei of the Tsuruoka Karaté Tracadie dojo since 2003. Competed and trained kata competitors at Provincial, Atlantic and National level since 2007, completed four karate

Canada summit in Toronto with former kata world champions from 2016 to 2019. Sensei Romain is a certified NCCP coach and has been Karate New Brunswick kata coach for the last 6 years.

Official Host Residence and Hotel

Residence at UPEI Campus

<https://www.upei.ca/conference/summer-visitors>

Please do not hesitate to contact UPEI Conference Services if you have any questions about summer accommodations.

summerconf@upei.ca

902-566-0442



Holiday Inn Express & Suites Charlottetown

200 Capital Drive, Charlottetown, PE C1E 2E8 (35min walk, 5min drive from UPEI)

Limited amount of rooms at these rates;

Standard Queen \$189.00 plus tax

King Suites \$219.00 plus tax.

Team managers to book through Amanda Buell, Guest Services Manager, for block bookings.

902 892 1201

abuell@hiecharlottetown.com



