



KARATE NOVA SCOTIA



2026 Team Tryout & Training Camps

We are pleased to advise you that the time has come to get everyone back together! After a successful 2025 Nationals, we are preparing now for 2026!

- Twice the fun!
 - 2026 U21 and Senior Karate Canada Nationals are set for February 20-22 in Halifax, NS.
 - The Junior Nationals will be held May 14-17 in Edmonton, AB.
- To compete at Nationals an athlete **must be at least 12 years old by August 27, 2026.**



All workouts for **KUMITE/KATA training** will take place at Halifax Ryuseikan in Cole Harbour.



The registration fee is **\$400**, which includes a tryout fee (\$200) and the first payment (\$200) towards the team budget. The tryout fee (\$200) is non-refundable.

Dojo Coaches are encouraged to attend for free!

The Karate Nova Scotia website has [a team page](#) that will also have information as the season moves on. Please visit regularly.

- The U21 & Senior team will officially be finalized at the Jan 4th training.
- The Junior team will officially be finalized after the 3rd Grand Prix Tournament in March.

All members attending these workouts must complete the athlete registration page, located here, <https://martialmember.com/ExternalMember/Index/39>

Anyone who has questions about the team workouts please contact Greg Da Ros (info@karatens.org), or Jeff Murphy (td@karatens.org)

We look forward to seeing everyone this season!

Events: <https://karatens.org/events/> | Team Page: <https://karatens.org/programs/team/>

