

Yarmouth Karate Challenge Cup – 2021

Covid 19 Protocols

- Everyone who enters the venue (Yarmouth High School) will have to show proof of double vaccination as per Provincial guidelines (<https://novascotia.ca/coronavirus/proof-of-full-vaccination-policy/>)
 - Children who turn 12 between 1 January and 4 October 2021 have until 31 December 2021 to attend events and activities while they get vaccinated. Children who turn 12 after 4 October 2021 have 3 months from their birthday to get vaccinated.
 - If you're 13 to 18 and have proof of vaccination that you received 1 dose of COVID-19 vaccine you can participate in sport, recreation, arts and culture programming hosted by a business or organization. To continue participating, you must provide proof of full vaccination by 9 November 2021 (you need to get a first dose no later than 28 September and a second dose no later than 26 October).
- Adults accompanying children will be expected to give their name and phone number for contact tracing purposes.
- Everyone who enters the venue will be expected to answer a covid questionnaire as well as identify if they have attended any covid designated hot spots throughout the province.
- Everyone will be expected to wear a mask at all times and maintain 6 ft social distance as much as possible. Please use available hand sanitizer.
- Everyone is encouraged to maintain their own social groups as much as possible and try not to intermingle with other people or groups. Please maintain social distance when sitting on the bleachers.
- There is to be no hand shaking between athletes and coaches.
- All volunteers including officials and coaches must wear a mask at all times.
- Athletes can remove mask when warming up for an event and participating in an event.
- The competition mats will be sanitized between divisions.
- Registration will be staggered in an attempt to keep the number of people in the facility to no more than necessary. Up to 11 yrs old will come in between 8:30 and 9:00 with the competition getting underway at approximately 9:20 or so. They should be wrapping up by noon. Then the 12 and over will come in between 12 and 12:30 with the competition getting underway by 1 PM. There may be a bit of overlap so we would ask that when the juniors get done their events that they exit the facility as soon as possible.

- There is no food available on site so we would ask that you please bring your own. There is no food or drinks allowed in the gymnasium, only water. There is an area outside of the gymnasium where you may sit to eat. Please maintain social distance as much as possible.
- Of course, if you have any symptoms or are feeling unwell please consider **not attending**